

ASSOCIATE IN ARTS

HUMAN SERVICES

(62 hrs. min.)

CIP: 44.0701

Human services is a career-oriented program that prepares students to become professional helpers. It is designed for those who want to bring about change and make a difference in the lives of others and in their communities. Human services graduates are employed in behavioral health and social services agencies as case managers; outreach specialists; case workers; intake, crisis and program coordinators; job coaches; and client advocates.

Internships in the human services program provide community work experience for academic credit. They offer students the opportunity to develop professional skills to become more competitive in the job market. Students may be offered paid internships or jobs after completing their initial internships. Program concentrations give students maximum flexibility and an opportunity to specialize in a particular area of human services. Human services graduates often choose to continue their education pursuing a bachelor's degree in social work, human services, counseling, family studies, community services, psychology and/or sociology. Students must work closely with their transfer institutions and their SFCC advisers to ensure the best transition to four-year schools.

PROGRAM OUTCOMES

Upon completion of this program, students will be able to:

- Demonstrate effective helper communication
- Understand and apply helping skills theory and competencies
- Research and classify human services agencies for case management referrals
- Interact professionally in diverse environments and demonstrate ethical behavior
- Perform professionally in a human services agency in the community

GENERAL STUDIES REQUIREMENTS (38 HRS. MIN.)

Communications (9 hrs.)

ENGL 111 Composition and Rhetoric (3)

ENGL 112 Composition and Literature (3)

Choose one from the following:

SPCH 111 Public Speaking (3)

SPCH 220 Interpersonal Communication (3)

SPCH 225 Small Group Communication (3)

Humanities (6 hrs.)

Behavioral and Social Sciences (6 hrs.)

PSYC 111 Psychology I (3)
 SOCI 111 Introduction to Sociology (3)

Math (3 hrs.)

MATH 119 Applications of College Math for Nonscience Majors (3)
 or higher

Science (8 hrs.)

Computer Science (4 hrs.)

CISC 111 Introduction to Computers (3) and
 CISC 111L Introduction to Computers Lab (1)

[or]

OFTC 111 Business Software Essentials (4)

Health, Physical Education and Recreation or Dance (2 hrs. min.)

CORE REQUIREMENTS: (15 HRS.)

HUSV 111 Human Services Professions (3)
 HUSV 130 Group Process & Counseling (3)
 HUSV 270 Case Management (3)
 HUSV 298 Human Services Internship (3) (must be taken twice for credit)

SUGGESTED CONCENTRATION AREAS (9 HRS. MIN.)

Select one from the following concentrations:

I. SPANISH OR AMERICAN SIGN LANGUAGE (11 hrs.)

Graduates who can speak Spanish and/or who have American Sign Language skills may be more marketable in diverse population settings. Students may choose a Spanish or American Sign Language course sequence.

AMERICAN SIGN LANGUAGE

AMSL 111 American Sign Language I (4)
 AMSL 112 American Sign Language II (4)
 AMSL or INTR elective (3)

SPANISH

SPAN 153 Spanish for Human Services (3)
 SPAN 111 Spanish I (4)

[or]

SPAN 113 Heritage Spanish I (4)
 SPAN 112 Spanish II (4)

[or]

SPAN 114 Heritage Spanish II (4)

[or]

SPAN 120 Survival Spanish for the Education Professional (3)

II. COUNSELING (9 hrs.)

This concentration is designed for graduates who are interested in pursuing a B.A. in counseling or psychology.

PSYC 125 Introduction to Counseling (3)

Choose two from the following

HUSV 215 Families and Substance Abuse (3)
 PSYC 290 Developmental Psychology (3)
 SOCI 209 Aging and the Family (3)

III. COMMUNITY SERVICES (9 hrs.)

This concentration is designed for graduates who are interested in pursuing a B.A. in community services.

HUSV 260 Coalition and Community Development (3)

Choose two from the following:

HUSV 220 Substance Abuse Prevention (3)
 INTR 231 The American Deaf Community (3)
 SOCI 209 Aging and the Family (3)

IV. FAMILY STUDIES (9 hrs.)

This concentration is designed for graduates who are interested in pursuing a B.A. in Family Studies or Sociology.

SOCI 225 Marriage, Family & Intimate Relationships (3)

Choose two from the following:

HUSV 215 Families & Substance Abuse (3)
 PSYC 290 Developmental Psychology (3)
 SOCI 209 Aging and the Family (3)

V. MULTICULTURAL STUDIES (9 hrs.)

This concentration enhances the graduate's ability to work in diverse and multicultural settings.

ANTH 112 The Nature of Culture (3)

Choose two from the following:

ANTH 207 Cultures of the Southwest (3)
 ANTH/SPCH 235 Intercultural Communication (3)
 PSYC 210 Cultural Psychology (3)
 SOCI 216 Race, Class and Gender (3)

ASSOCIATE IN ARTS DEGREES

VI. SUBSTANCE ABUSE TREATMENT (9 hrs.)

Graduates with an A.A. in Human Services who successfully complete the following four courses, will have completed the educational requirements for the License in Alcohol and Drug Abuse Counseling (LADAC).

Choose three from the following

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| HUSV 200 | Psychology of Addictive Behavior (3) |
| HUSV 205 | Effects of Drug Abuse (3) |
| HUSV 210 | Substance Abuse: Assessment Evaluation & Treatment (3) |
| HUSV 215 | Families & Substance Abuse (3) |

VII. TRAUMATIC STRESS STUDIES (9 hrs.)

This concentration enhances the graduate's ability to work in the helping professions, given the growing incidence of traumatic stress in our society.

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| HUSV 285 | PTSD: Diagnosis, Treatment & Recovery (3) |
| HUSV 280 | Compassion Fatigue and Secondary Traumatic Stress Disorder (3) |
| HUSV 290 | Crisis Intervention: Effective Interventions, Coping Strategies & Stabilization of Clients (3) |

Note: See "College Success Course Requirement" on Page 8.

TOTAL 62 CREDITS MIN.